

ENTRANCE ANTIPHON

*He fed them with the finest wheat
and satisfied them with honey from the rock.*

COLLECT

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

FIRST READING Deuteronomy 8:2-3. 14-16

A reading from the book of Deuteronomy.

Moses said to the people: "Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

"Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known."

The word of the Lord.
Thanks be to God.

PSALM Psalm 147

RESPONSE: *O praise the Lord, Jerusalem!*

Or **Alleluia!**

1. O praise the Lord, Jerusalem!
Zion, praise your God!
He has strengthened the bars of your gates,
he has blessed the children within you. **R.**
2. He established peace on your borders,
he feeds you with finest wheat.
He sends out his word to the earth
and swiftly runs his command. **R.**
3. He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
He has not taught them his decrees. **R.**

SECOND READING 1 Corinthians 10:16-17

A reading from the first letter of St Paul to the Corinthians.

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

*Alleluia, alleluia!
I am the living bread which has come down from heaven,
says the Lord.
Anyone who eats this bread will live for ever.
Alleluia!*

GOSPEL John 6:51-58

A reading from the holy Gospel according to John.

Jesus said to the Jews:

"I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world."

Then the Jews started arguing with one another. "How can this man give us his flesh to eat?" they said. Jesus replied:

"I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood has eternal life,

and I shall raise him up on the last day.

For my flesh is real food
and my blood is real drink.

He who eats my flesh and drinks my blood lives in me
and I live in him.

As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate:

they are dead,
but anyone who eats this bread will live for ever."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Grant your Church, O Lord, we pray, the gifts of unity and peace, whose signs are to be seen in mystery in the offerings we here present. Through Christ our Lord.

Amen.

COMMUNION ANTIPHON

*Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.*

PRAYER AFTER COMMUNION

Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever.

Amen.

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Catholic chaplain to the Ipswich hospitals: Awaiting new appointment.

Please contact either Fr Paul, Fr Luke or one of the other Ipswich priests if you or a family member are going in to hospital.

Please consider setting up a standing order in favour of the parish instead of a weekly cash offering. If you can Gift Aid your donation, please complete a form which you can find in the church porch.

Bank: Barclays **Account Name:** St Mary Magdalen Roman Catholic Parish **Account number:** 70777323 **Sort code:** 20-44-51



The Most Holy Body & Blood of Christ - Sunday 11th June 2023: Sunday Readings: Liturgical Year A Services during the coming week - Tenth Week of the Year, Year I

Saturday 10 th June	5:30 pm	Confessions	
	6:00 pm	Vigil Mass of The Most Holy Body & Blood of Christ offered for the people of the parish. Reader I Suttle, offertory Hennon Family	
Sunday 11 th June	8:00 am	Holy Mass, offered for Mrs Lissamma Joseph RIP. Reader C Moore, Eucharistic Minister C Moore	
	10:00 am	Holy Mass offered for Adolph von Fragstein RIP. Reader N Fox, offertory Long Family, Eucharistic Minister W Lobo	
<i>Please join us for tea and coffee in the Garden Room after 10:00 Mass, today prepared and served by Julie & Val</i>			
Monday 12 th June	Feria	No Mass Today	
Tuesday 13 th June	St Anthony of Padua	10:00 am Holy Mass offered for the Vieira Family	
Wednesday 14 th June	Feria	12 noon Holy Mass, open intention	
Thursday 15 th June	Feria	10:00 am Holy Mass, open intention	
Friday 16 th June	The Most Sacred Heart of Jesus	10:00 am Holy Mass offered for the Vieira Family followed by Exposition and a chaplet of Divine Mercy	
Saturday 17 th June	5:30 pm	Confessions	
	6:00 pm	Vigil Mass of 11 th Sunday in Ordinary Time, offered for the people of the parish.	

Today's Gospel Reading: Today is the Solemnity of the Most Holy Body and Blood of Christ. Previously called *Corpus Christi*, which is Latin for "Body of Christ", the name is expanded in the revised lectionary to reflect more completely our Eucharistic theology. Today's Gospel is taken from John and is part of a discourse between Jesus and a crowd of Jews which comes shortly after the miracle of Jesus' multiplication of the loaves and fishes. In John's Gospel, it is through "signs" such as this that people come to believe Jesus is the Son of God. These signs are followed by dialogue that interprets and explains the miracle. Having seen Jesus multiply the loaves and fishes, the crowd pursues him, perhaps looking for another sign. Jesus tells the crowd that he is the bread of life and explains that just as God gave the Israelites manna to sustain them in the desert, so now God has sent new manna that will give eternal life. It is in this context that Jesus tells them again that he is the living bread that came down from heaven. Jesus' words are not understood by the crowd; they argue that Jesus is not from heaven but born of Mary and Joseph. They also have trouble understanding how Jesus could give them his flesh to eat. Jesus tells them that when they eat his flesh and drink his blood, they will remain forever connected to him. These are difficult words, but they are important because they show us our intimate connection with Jesus. This is the mystery that is at the heart of our Eucharistic theology. In the elements of bread and wine, Jesus' Body and Blood are truly present. When we share in the Body and Blood of Christ, Jesus himself comes to dwell within us. This communion with the Lord makes us one body, brings us eternal life, and sends us forth to be Christ's Body in the world.

Day for Life: Day for Life is the day in the Church's year dedicated to raising awareness about the meaning and value of human life at every stage and in every condition. The Church teaches that life is to be nurtured from conception to natural death. In England and Wales, *Day for Life* is celebrated on the third Sunday of June each year. This year it falls on 18 June, and for the first time, it will be celebrated in Scotland and Ireland on the same day. This year's theme is *'Listen to Her'* and focuses on post-abortion trauma and the impact of abortion primarily on women, but also men and others. Each year a message is released, usually by the Church's Lead Bishop for Life Issues, but the 2023 message is unique in that the bishops have given it over to a Catholic woman who has had an abortion to share her experiences. Often the voices of women who have had an abortion are silent in Church and in society and the hope is that this will help break this silence and offer further opportunities for healing and reconciliation. You can find Jane's story on the CBCEW web site, or follow the link on the parish web site. Next weekend, there will be a special collection to support the work of Life charities.

The Most Sacred Heart of Jesus: Next Friday is the Solemnity of the Most Sacred Heart of Jesus. In recognition of this major feast, Friday abstinence is dispensed.

The Sick of the Parish: We ask your prayers for all our brothers and sisters who are unwell, afflicted, housebound or distressed. Comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit: John Anderson-Hurst, Peggy Barron, Jason Beaumont, Michael Clarke, Sheila Curry, Fabiana Di Mascio, Patrick Doran, Josephine Kalagira, Jo Kelly, Molly Mc Garry, Yvonne Metcalfe, Robert Mullan, David Nash, Pauline Newton, Mary O'Reilly, Carol Sims and Pippa Williamson.

Our Own Dear Departed: Of your charity, pray for the repose of the souls of the faithful departed and especially for Adolf von Fragstein (2000), Caroline Shannon (2005), Maria Janssen (1972), Robert McAspurn (1993) and Annunziata De Dona (2017) whose anniversaries occur about this time.

Eternal rest grant to them, O Lord, and let light perpetual shine upon them. May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace